

Open Gym at ASU Lake Havasu

By Akzhol Serikbay

I would like to tell you about the types of activities I do on my university campus. Even though our campus, Lake Havasu, is not as big as the main campuses, you can always find something to do here.

For example, I am a big fan of sports games, and it always gives me great pleasure to play basketball or volleyball in our gym. The atmosphere when our students from different countries come together to divide into teams and compete in various sports cannot be compared with anything. It seems to me that I was not the only one who noticed that a strong sports spirit prevails at our university. Almost every friend, acquaintance, and classmate of mine is engaged in some sport, whether it's at the professional level or the amateur level. I am inspired by the fact that our students when they do not know what to do, choose to play sports games in moments of their free time. In my opinion, this idea is a great way to spend time with friends and strengthen your body and spirit. Such an activity is enjoyable and useful.

In the end, I would advise all readers of our newspaper to try to spend at least one evening like this! For new students, it's a great way to make new friends. The main thing is to be careful, ask for help from people who understand sports, and do not overload!

